



**Equi Stone**  
The Complete Equestrian

# **Training Sessions**

And

# **Baby Training Sessions**

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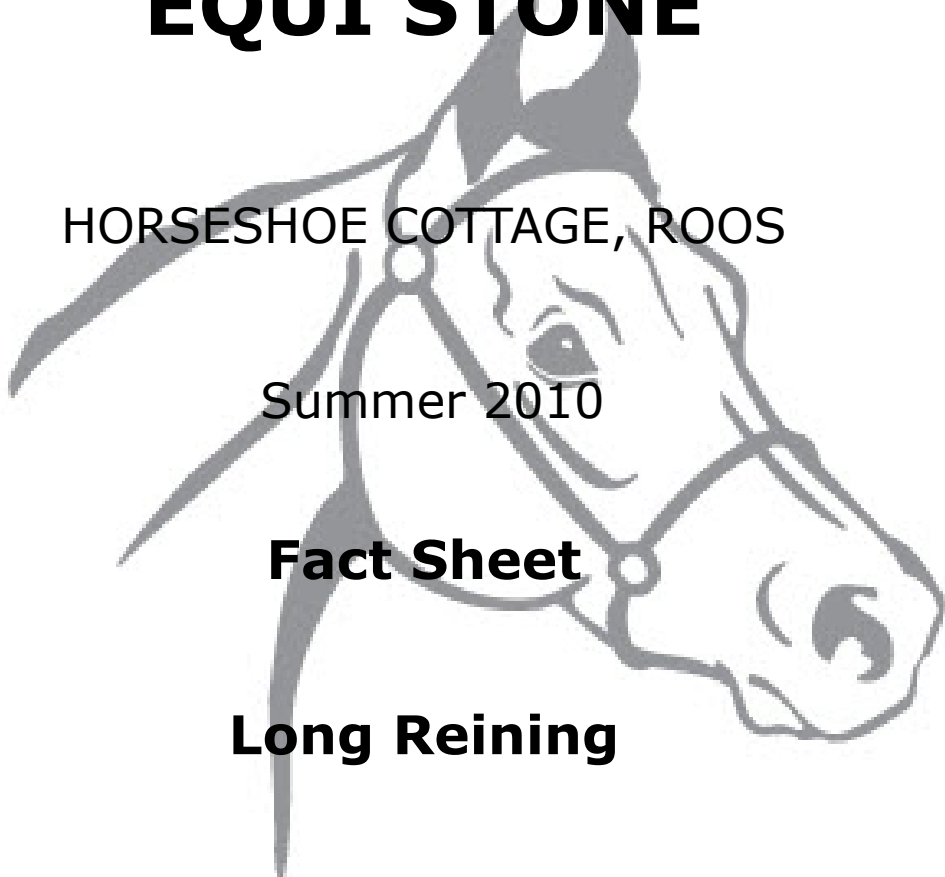
# **EQUI STONE**

HORSESHOE COTTAGE, ROOS

Summer 2010

**Fact Sheet**

**Long Reining**



# LONG REINING

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## Essential Equipment

- Gloves
- 2 Lunge Lines of equal length
- Snaffle bridle and/or lunge cavesson
- Lunge roller or saddle
- Protective boots
- Riding Hat
- Assistant



## Reasons for long reining

- Natural progression from lunging in training.
- Introducing the young horse to contact on the mouth and moving in ways other than circles.

## Technique

- While setting up the lines have an assistant hold the horse.
  - Put a line on the inside first running through the D-rings on the roller or stirrup then to the bit.
  - Put the line on the outside in the same way but rest the line over the back.
  - Cautiously from the other side, slide the line over the bottom to just above the hocks.
  - Change the rein using "S" figure.
  - Use lots of half halts and transitions.
  - Remember the voice is still very important .
  - When moving in straight lines keep a 45 degree angle from the horse to avoid getting kicked and so you can see the horse.
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